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Singles Strategy - Quick-Fix Book: High Percentage Tennis



ON COURT QUICK-FIX BOOK
SINGLES STRATEGY
BLUEPRINT TO WIN



Grant Grinnell—Tennis Professional
Inspire, Encourage, Celebrate



Synopsis

This (quick-fix) book provides the blue print to playing the highest percentage tennis possible based on the geometry of the court. *PLUS A SPECIAL SECTION that precisely defines the latest analytics which (definitively) show the patterns you'll want to immediately add to your game. The analytics include where to serve, where to return, where to hit your ground strokes, when to go to the net, where to hit when you get there. What percentage of points do you need to win the match. What tactics create the highest winning percentage and more! This condensed knowledge book also provides potent tactics for how to beat any style singles player including: a big server, a great returner, aggressive baseliner, pusher, counter-puncher, hacker-slicer, and all-court player. The mental toughness section pinpoints the philosophies and mindsets to improve at the fastest rate possible and then identifies the attitudes you'll need to consistently play up to and (stretch) the upper limits of your ability. Overall, this (quick-fix) book is designed to save you time, improve pattern of play decision making, reduce match play nerves and pressure, and give you the instantaneous tactical wisdom to consistently win!

Book Information

File Size: 615 KB

Print Length: 59 pages

Simultaneous Device Usage: Unlimited

Publication Date: June 23, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01HIRW0MS

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #729,254 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #81

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